

designer for LiLu Interiors with over 26 years of experience. Peck has seen many people through a lot of life transitions and stresses the importance of focusing on things that both people like. "Look at what things brought us together, what we have in common and build an aesthetic around that," she says.

One of the first steps for the couple to do before anything else is to take note of all of the pieces already owned. "You have to see what things are so important to you in terms of emotional value that you could just never give it up," says Peck. She stresses that it can be difficult if a piece is important to one, but the partner hates it. If this is the case, Peck advises a solution in which it doesn't have to be given up, but is also not in the main rooms of the house by placing it in a guest room or office.

After an initial inventory of the couple's assets, Peck suggests measuring everything to make sure it fits together. "If you know you're going into a new place and only half of the stuff fits, what things can you say 'we're going to go purchase this together?" explains Peck. "So then you have some things you had beforehand as well as new things you got together." According to Peck, the fun starts when the couple goes out to shop or work with a designer to find things that truly represent them.

The best method to decipher what represents a couple, according to Peck, is to compile a list of words to describe the couple, not the individuals within the partnership. The list should be some adjectives that describe

who the two people are as a couple - almost like coming up with a couple brand. "Whatever your words are as a couple, build your aesthetic around that list and what your core values are," says Peck. "Some people are really into taking care of the earth and being earth friendly, so reusing things would be an important part of that. Or if you're sophisticated, focus on what is sophisticated to you. Or if you're fun and like to entertain, then maybe comfortable is more what you have to go to."

But what about that one piece of furniture

that you just can't bring yourself to let go of even though your partner loathes it? Making a minor alteration or two could be all that is needed. This was the case for one couple Peck helped. "Her grandmother gave her a chair and he didn't like it, so we reupholstered it in a really modern fabric." Peck explains. "If you're willing to update it, maybe new hardware or fabric, just finding something to merge the two aesthetics could make a difference. Changing it can be a key to everyone feeling like they've had input."

Not every couple is going to contact a designer, but Peck believes that consulting a designer can give people confidence by having a third party to bounce ideas off of. "There is a third person to guide you," she says. "If you're really stuck, a designer can help with the negotiating and it doesn't have to be a super expensive cost either."

No matter the methods used, Peck assures that for long term happiness and health as a couple, finding that balance is important. Her greatest advice is just to be honest with what

you do and do not like. "Never agree if your partner is like 'I love this rug and I just have to have it,' but you hate it. If you agree, you might find yourself regretting it and resenting that person five years later," she urges. "Don't just think aesthetically but really think about who you are as people and let that guide the process. Keep in mind why you fell in love in the first place. 'I love them because their edgy or stylish,' or whatever it is. Remember that this is one reason why you fell in love in the first place."

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